



June 2022

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 | Day 6 | Day 7 |
|---|--|--|---|--|---|---|
| Have your child help fold laundry and talk about the body parts that each item covers. | Help your child find cylinders (e.g., cans). Talk about the characteristics. | Before reading a book with your child, preview the pictures and make some predictions about what might happen in the book. | Have your child find words that start with the same first sound as their name. | Make an obstacle course and give your child directions: go over, under, on, in, through, next to, forward, backward. | Count how many crayons are in your crayon box. | Practice deep breathing with your child—especially at night or when angry to help them to calm themselves and settle. |
| Day 8 | Day 9 | Day 10 | Day 11 | Day 12 | Day 13 | Day 14 |
| Set out four different-sized spoons (or other objects). Ask your child to put them in order from smallest to largest. | How many ways can you move around the room? Describe all the ways (e.g.: crawl, dance, hop.) | Find things in your house or outside that begin with the same sound. | Count the mini erasers that are in your summer bag. | Make a musical instrument. Add dried beans to an empty bottle or container, SEAL and PLAY! | Play "I Spy" using colors. "I spy something brown". | Dance, skip and jump to music. FREEZE when the music stops. |
| Day 15 | Day 16 | Day 17 | Day 18 | Day 19 | Day 20 | Day 21 |
| Go on a square hunt in your home or neighborhood. How many squares can you find? | Write letters on pieces of paper and put them in a paper bag. Let your child reach into the bag and take out letters. Have them say the sounds that match the letters. | Have a number hunt. Look for numbers around your house. | Pretend to be different animals. Slither like a snake, hop like a bunny, walk like a gorilla. | Write a story with your child and have them read it to other people. | Move small items into a container using fingers, tweezers, spoons, etc. | Play hide and seek with your child encourage them to count to 20. |
| Day 22 | Day 23 | Day 24 | Day 25 | Day 26 | Day 27 | Day 28 |
| Draw a picture and tell someone about your picture. | Have a picnic with your teddy bears. Plan what you will eat during your picnic. | Read a story together. Encourage your child to retell the story. | Talk to your child about the structure of a book and how to read it (e.g., front cover, starting on first word, reading from left to right, etc.) | Ask your child to write their name and draw themselves on a piece of paper. | Look for 3 things that are bigger than your shoe and 3 things that are smaller. | Pour water in different size containers. Which container can hold more water? |
| Day 29 | Day 30 | | | | | |
| Go on a triangle hunt. How many triangles did you find? | Draw a picture in your journal. Write a sentence to go with your picture. | | | | | |



July 2022

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 | Day 6 | Day 7 |
|--|---|--|--|---|--|--|
| Fill squirt bottles with water and make letters and pictures on the sidewalk. | Choose a category (e.g., animals) and have your child give examples of the category. | Before reading a book with your child, have your child point to the title of the book. | Sort the erasers that came in the summer bag. You can sort by size, color, type, etc. | Place stuffed animal on your head. Can you bend down and pick something up without touching or dropping it? | Make different animal sounds and see if your child can guess which animal it is. | Look through some family pictures together. Talk about what is happening in the pictures. |
| Day 8 | Day 9 | Day 10 | Day 11 | Day 12 | Day 13 | Day 14 |
| Take your summer journal and copy words found around the house. | Visit the local library, check out a rhyming book to read together. | Give your child a bunch of pennies and have them count how many pennies they have. | Make a puzzle, by cutting the front of a cereal box into pieces. Take turns putting it together. | Read and reread a favorite book. Have your child retell the story. | Have a "dance party" dancing to different types of music. | Encourage your child to draw faces of family members and of themselves. |
| Day 15 | Day 16 | Day 17 | Day 18 | Day 19 | Day 20 | Day 21 |
| Go on a circle hunt in your home or neighborhood. How many circles can you find? | Practice rhythm with your child by having them copy your clapping. Create a rhythmic pattern. | Play what's missing. Cover 5 or more objects on a tray. Take one away and have the other person tell you what was removed. | Have a letter hunt. Look for letters around your house. | Estimate how many ice cubes will fit in a glass. Check your estimate. | Help with chores today. Fold clothes or wash dishes. | Give your child an adult sweater with large buttons to practice fastening and unfastening buttons. |
| Day 22 | Day 23 | Day 24 | Day 25 | Day 26 | Day 27 | Day 28 |
| Draw a picture and tell someone about your picture. | Make your favorite sandwich and have a picnic for lunch or dinner. | Read a story together. Encourage your child to retell the story. | Have a red day. Wear something red. Find things that are red. Eat red snacks (strawberries, radishes, peppers, etc.) | Count how many lights you have at home. Write the number. | Look for 3 things that are bigger than your hand and 3 things that are smaller. | Make a fort out of cushions, pillows and blankets. Take a flashlight and read a story inside the fort. |
| Day 29 | Day 30 | Day 31 | | | | |
| Go on a sphere hunt. How many spheres did you find? | Draw a picture in your journal. Write a sentence to go with your picture. | Cut pictures from flyers or magazines of your favorite foods. | | | | |



August 2022

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 | Day 6 | Day 7 |
|---|---|--|---|---|---|---|
| Have your child help you sort laundry by color (whites, reds, blue, black, etc.). | Count with your child as they walk upstairs, pick up toys, or play with different items like popsicle sticks, spoons, crayons, etc. | Have your child help you sort coins into pennies, nickels, dimes, and quarters. | Have a green day- Wear, eat and find things that are green. | Draw a picture in your journal. Write a sentence to go with your picture. | On a walk outside, have your child gather rocks. Then help them make different letters and numbers using the rocks. | Using the erasers in your summer bag, make patterns. Draw the patterns you create. ▲★▲★ |
| Day 8 | Day 9 | Day 10 | Day 11 | Day 12 | Day 13 | Day 14 |
| Make paper airplanes with your child. Practice throwing them outside to see how far they will go! | Read a story together. Encourage your child to retell the story. | Have a tea party or a picnic for your child and their stuffed animals/dolls. Pretend to feed and talk to the "guests". | Practice tying your shoelaces. | Make a story book with your child. Have them tell you a story while you write for them. Ask your child to draw pictures to go with the story. | Go on a rectangle hunt in your home or neighborhood. How many things that are rectangular did you find? | Have a "sponge fight" by filling buckets with water and sponges. Throw the wet sponges at each other. |
| Day 15 | Day 16 | Day 17 | Day 18 | Day 19 | Day 20 | Day 21 |
| Play red light- green light while walking, running, on a bike, etc. | Take a stack of books and a blanket outside and read them in the shade with your child. | Play "Simon Says" in the bathtub. "Simon says wash your toes", "Simon says wash your belly button", etc. | Have your child trace around stencils, a jar lid, cookie cutters, or paper shapes. | Talk about the feeling of being angry, what is okay to do when you are angry? | Play catch with your child with a medium sized ball. Help them learn how to catch with their hands extended or in their arms. | Have a scavenger hunt to look for items like a black rock, a green leaf, a yellow flower, etc. |
| Day 22 | Day 23 | Day 24 | Day 25 | Day 26 | Day 27 | Day 28 |
| Have your child practice using a zipper. Place a jacket on the floor and show them how to do it up and undo it. | Allow your child to make their own breakfast. Have them serve themselves cereal, pour milk from a small container, spread peanut butter, etc. | Read a story together. Focus on where you start to read and how your finger moves from left to right when reading. | In the grocery store or at home, count items or talk about the concept of more or less- "Are there more red or green apples?" | Play "sink or float"- gather a variety of items together and see which ones sink or float in the sink, bathtub, or a container. | Look for 3 things that are the same size as your hand and 3 things that are the same size as your shoe. | Try some stretching exercises together. Touch your toes and reach to the sky. |
| Day 29 | Day 30 | Day 31 | | | | |
| Write in your journal. Have someone help you write a sentence to go with your picture. | Talk about shadow outside in the sun. Move around and see what happens to your shadow. | Go for a walk and see how many different birds you can see. Write down the number of birds you saw. | | | | |