## **Frequently asked questions:**

What do I do if my child has tested positive for COVID?

## Follow the CDC Isolation recommendations.

Contact MHNS at meetinghousenurseryschool@gmail.com and let them know the following information. Your child's classroom, date of positive COVID test, first date of symptoms if any. The Director will then follow up with you concerning isolation adn return to school guidelines.

- What do I do if my child is a known close contact?
  Get tested
- <u>Can my child come to MHNS if they have COVID?</u>
  If they are still within the 5 day isolation period or continue to have a fever they may not return to MHNS.

Can my child come to school if they are a close contact?

When are masks required at MHNS?

- Who is required to wear a mask at MHNS in the building?
  When masks are required in the building anyone over the age of 2 must wear a mask, unless you have discussed a medical exemption with the director beforehand.
- What information should I let the school know if my child has tested positive for COVID?]
  Child's classroom, last day they attended, day of positive test, and date of any symptoms.
- What types of COVID test are allowed for verification purposes at MHNS?
  At home rapid antigen tests can be used to verify cases of COVID.
- What type of masks are recommended?
  N95 medical grade masks.
- How will I be notified of a confirmed case of COVID at MHNS?
  A known case of COVID will be posted outside the office on the wipe board with the date of exposure. Students who are considered a close contact receive a procare email with guidelines moving forward.
- How do I find out what the Dane Counties current metric is at ?

## Dane County Public Health Website

We will also have the level posted on our front door before entering school along with updating the facebook site as much as possible. We will do are best to monitor the current level.

• My child is in need of a vaccine. How do I get information about where COVID vaccine;s are available?

How do I find a COVID vaccine

- Who should I turn in my current COVID vacaine status to at MHNS and how?
   There are two ways to update your child's vaccine status with MHNS. You can bring a paper copy of proof to the office and give it to a administrator or you an email <a href="mailto:mhnsoffice@gmail.com">mhnsoffice@gmail.com</a>
- When do adults and siblings(over the age of 2) need to wear masks in the building?
  When the Dane County metric for COVID is at a high level.
  When you are a known close contact of COVID 19
  When you are finishing your COVID isolation date and you are in the last 5 days.

## Are masks available if I forget mine?

Spare masks are located in the basket at the front door of MHNS and in the office. We have a limited supply of masks, so please prepare by packing masks everyday in your car and child's backpack.

- What are the symptoms for COVID?
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - o Diarrhea
- This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19. Older adults and people who have underlying medical

conditions like heart or lung disease or diabetes are at higher risk for getting very sick from COVID-19.

\*People who have symptoms of respiratory or gastrointestinal infections, such as cough, fever, sore throat, vomiting, or diarrhea should stay home. Testing is recommended for people with symptoms of COVID-19 as soon as possible after symptoms begin. People who are at risk for getting very sick with COVID-19 who test positive should consult with a healthcare provider right away for possible treatment, even if their symptoms are mild. Staying home when sick can lower the risk of spreading infectious diseases, including COVID-19, to other people. For more information on staying home when sick with COVID-19, including recommendations for isolation and mask use for people who test positive or who are experiencing symptoms consistent with COVID-19, see Isolate if you are sick.

- When should I test my child for COVID?
  When your child has symptoms of COVID
  On day 5 after a known exposure
- How can I purchase or receive COVID at home rapid antigen tests?
  Free at home test kits
  Community Based Testing Sites
- I have COVID but my child does not, can they come to school? My child's sibling has COVID?

Yes, but you must follow the close contact guidelines set by the cdc.

- Can I drop my child at school if I am positive for COVID?
   No, if you are in day 1-5 of isolation
   Yes, if you are in day 6-10 and have no fever and wear a medical grade mask.

  \*MHNS does not have the staff available to pick up children from cars at drop off and pick up times.
- Where can I find the current CDC guidelines for Early Child Care Centers?
  CDC operational guidelines for ECE centers Fall of 2022
- My child is a known close contact but has a hard time keeping a mask on or can't wear one at all. Can they come to school?

Can I have my child wear a mask when the Dane County Metric is at low or Medium?

My child is having a hard time adjusting to wearing a mask. Do you have any resources to help?